



January 18<sup>th</sup>, 2023, Minutes via Zoom

**Attendance:**

Frank Gragnano – Chair – NCSB

Tara Allison – Vice Chair – PBHS

Charmaine Holloway – Secretary - PBHS

Adam Burton – Publicity Committee Chair – WTCSB

<b>Agency</b>	<b>Name</b>
HNNCSB	Shanequa Lassiter
Norfolk CSB	Quinn Brown
The Up Center	Cindy Kimmons
Aetna	Crystal Thompson
Middle Peninsula	Virginia Breeden
Chesapeake IBH	Steven Hills Kattrell Lewis
Virginia Beach CSB	Katie Matthews

**Not Present**

Raymond Barnes - Training Committee Chair, Western Tidewater, DBHDS

10:05 AM – Chair calls meeting to order.

**Approval of Minutes**– Frank asked for a motion to approve the minutes. Adam Burton motioned to approve. Katie Matthews seconds the motion. Everyone voted in favor or approving the minutes, minutes are approved.

**Committee Reports**

- Training Committee Chair, Raymond Barnes – Not in attendance. Nothing reported.
- Publicity Committee Chair, Adam Burton – Nothing new to report. Emails is still being monitored. Webpage is up and running. Brochure is complete. To get a copy of the brochure please email Adam Burton at [aburton@wtcsb.org](mailto:aburton@wtcsb.org).

## Old Business

- Trainings – Looking for Medicaid Billing Trainings. Looking for Mobile Crisis Trainings. Any thoughts our suggestion for trainings should be emailed to [Raymond.Barnes@norfolk.gov](mailto:Raymond.Barnes@norfolk.gov)

## New Business

- Cindy Kimmons – The Up Center has upcoming Peer training from March 06, 2023 – April 03, 2023. Christopher Brydgc is the trainer. Click here to register [Available PRS Trainings · PRS Portal \(vaprs.org\)](#)
- Katie Matthews – Vocal is having a training for working with individuals who experience hearing voices on January 23, 2023 and Working with individuals who experience paranoia and unusual beliefs on February 22, 2023. Click here to register [Trainings | Vocal Virginia](#)

## Challenges

- Kattrell Lewis and Steven Hills – Gearing up for The Year of the Peer. One project is trying to coordinate with Chesapeake television to do a monthly spot on 12 of those emphasis. It's going slower than planned.

## Successes

- Cindy Kimmons – Shout out to Christopher Brydgc - WRAP Training completed and hoping to do more for peers at other CSB's.
- Steven Hills – Will be doing Recovery Leadership Academy this year.

## Regional Happenings

- Adam Burton – Autism Training on January 26, 2023, <https://www.wtcsb.org/event/coming-to-your-senses-about-autism/>

## Thoughts, Question, Concerns and Announcements

- Shanequa Lassiter  
Q: Will Region 5 do anything for the Year of the Peer?

Frank Gagnano

A: Year of the Peer is separate from Region 5. There is a conference going on this week.

Katie Matthew

A: Roads to Recovery is having their kickoff conference Thursday and Friday of this week.

- Steven Hills – APPR being revamped through Vocal. If anyone is interested in WRAP advanced level training please contact [Thomas E. Pratt, CPRSPeer Recovery Academy](#)

of America Certified Virginia Peer Recovery Specialist Trainer Wellness Recovery  
Action Plan (WRAP) Advance Level Faciltatorvapprstrainer@gmail.com(757) 403-8557

- Tara Allison – Interested in the screening process with barrier crimes. Reached out to Mary McGowin to get more information about the process to share it with others.
- Charmaine Holloway – Question emailed from committee member: Will the RAC 5 meeting go back to in person meetings?

Answer: A poll will be sent out to the committee to vote if meetings will be in person, how often, location of meetings and hybrid vs non-hybrid meeting. Will be discussed in “New Business” in next month’s meeting.

**Adjourn**

**NEXT MEETING February 15<sup>th</sup>, 2023 via Zoom**