



Brain Injury, Dementia, and Cognition

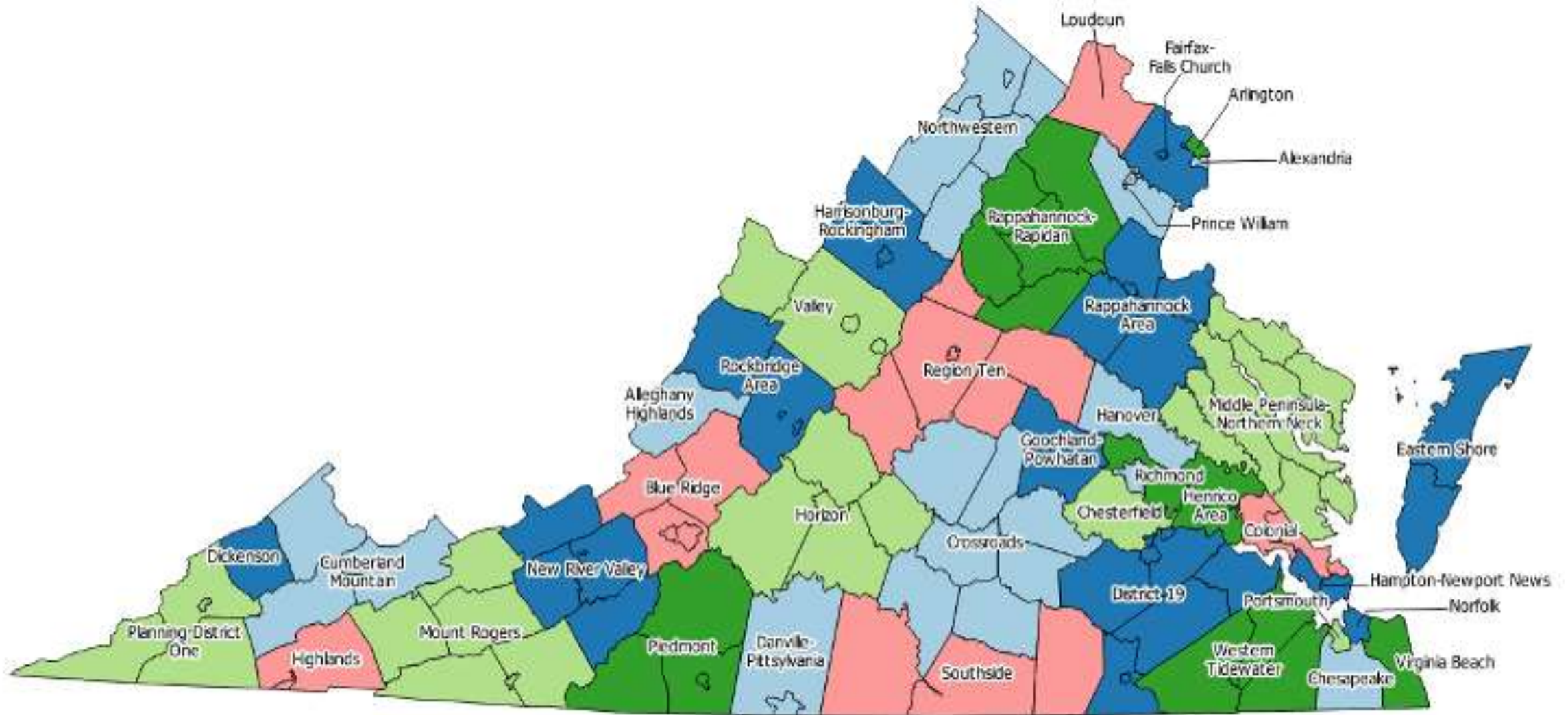
Expanding the CSB Perspective

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May 3, 2023

- Vision: A life of possibilities for all Virginians
- Mission: Supporting individuals by promoting recovery, self determination and wellness in all aspects of life

Virginia's Community Services Board



List of CSB's

- [Alexandria Community Services Board](#)
- [Alleghany Highlands Community Services Board](#)
- [Arlington County Community Services Board](#)
- [Blue Ridge Behavioral Healthcare](#)
- [Chesapeake Integrated Behavioral Healthcare](#)
- [Chesterfield County Community Services Board](#)
- [Colonial Behavioral Health](#)
- [Crossroads Community Service Board](#)
- [Cumberland Mountain Community Services Board](#)
- [Danville-Pittsylvania Community Services](#)
- [Dickenson County Behavioral Health Services](#)
- [District 19 Community Services Board](#)
- [Eastern Shore Community Service Board](#)
- [Fairfax-Falls Church Community Services Board](#)
- [Goochland-Powhatan Community Services Board](#)
- [Hampton-Newport News Community Services Board](#)
- [Hanover County Community Services Board](#)
- [Harrisonburg Rockingham Community Services Board](#)
- [Henrico Area Mental Health and Developmental Services](#)
- [Highlands Community Services Board](#)
- [Horizon Behavioral Health](#)
- [Loudoun County Community Services Board](#)
- [Middle Peninsula-Northern Neck Community Services Board](#)
- [Mount Rogers Community Services Board](#)
- [New River Valley Community Services](#)
- [Norfolk Community Services Board](#)
- [Northwestern Community Services Board](#)
- [Piedmont Community Services Board](#)
- [Planning District One Behavioral Health Services](#)
- [Portsmouth Department of Behavioral Healthcare Services](#)
- [Prince William County Community Services Board](#)
- [Rappahannock Area Community Services Board](#)
- [Rappanannock-Rapidan Community Services Board](#)
- [Region Ten Community Services Board](#)
- [Richmond Behavioral Authority](#)
- [Rockbridge Area Community Services Board](#)
- [Southside Community Services Board](#)
- [Valley Community Services Board](#)
- [Virginia Association of Community Services Board](#)
- [Virginia Beach Community Services Board](#)
- [Western Tidewater Community Services Board](#)

DBHDS Involvement

- **The Preadmission Screening and Resident Review (PASRR)** process is a federal mandated process to ensure that individuals with a Serious Mental Illness (SMI), Intellectual Disability (ID), and/or a Related Condition (RC) are not inappropriately placed in nursing facilities. The PASRR process requires that all applicants to Medicaid-certified Nursing Facilities be given a preliminary assessment to determine whether they have a MI, ID, or a Related Condition that meets the criteria to be included in the PASRR process. This is called a “Level I screen”. Those individuals who are identified with a SMI, ID, or RC are then evaluated through the “Level II” PASRR process to ensure that the Individual meets the criteria for Nursing Facility admission and to make recommendations for rehabilitative and Specialized Services.
- **The Omnibus Budget Reconciliation Act (OBRA)** dates back to 1987. It was developed to ensure individuals residing in nursing facilities receive quality care and have access to specialized services that normally are not provided in a nursing facility. OBRA provides specialized services to individuals with mental illness, intellectual disability or related condition (developmental disability) who live in nursing facilities across the Commonwealth. Specialized services are those services individuals need to maximize self-determination and independence. Community living skills, assistive technology, day support, transportation and education are some of the services provided through specialized services.
- Resource...<https://dbhds.virginia.gov/>

DBHDS Involvement – DBHDS website

- “In the evolutionary movement towards a single, integrated system of care, increased emphasis has been placed on the establishment of community services and on the more effective and efficient use of state facilities. This emphasis has defined the role of state facilities as one of several resources in an overall continuum of care. Patients are initially evaluated and referred to the mental health facilities by staff from Community Services Boards (CSBs). Pre-admission screening services are provided by CSBs on a 24-hours per day, 7 days per week basis”
- <https://dbhds.virginia.gov/>

State Facilities that have dedicated Geriatric Units

- Catawba Hospital
- Piedmont Geriatric Hospital
- Many others provide care to individuals with a Major Neurocognitive Disorder



Dementia Services Workgroup report 2.3.2022 findings.

- Workgroup was convened to review the increasingly high bed census rates over the past several years.
- “Efforts to curb high census rates and improve safety for both staff and patients led to targeted efforts to divert individuals from unnecessary hospitalization in state facilities as well as quickly discharge those who are clinically ready to be discharged to appropriate community services”
- “As first steps, temporary detention and inpatient hospitalization could be avoided through proactive prevention in individual’s home and community environments, whether in an ALF or NH or at home”
- Resource....Check out this amazing resource at Dementia Services Workgroup Report

Major Neurocognitive Disorders and DBHDS

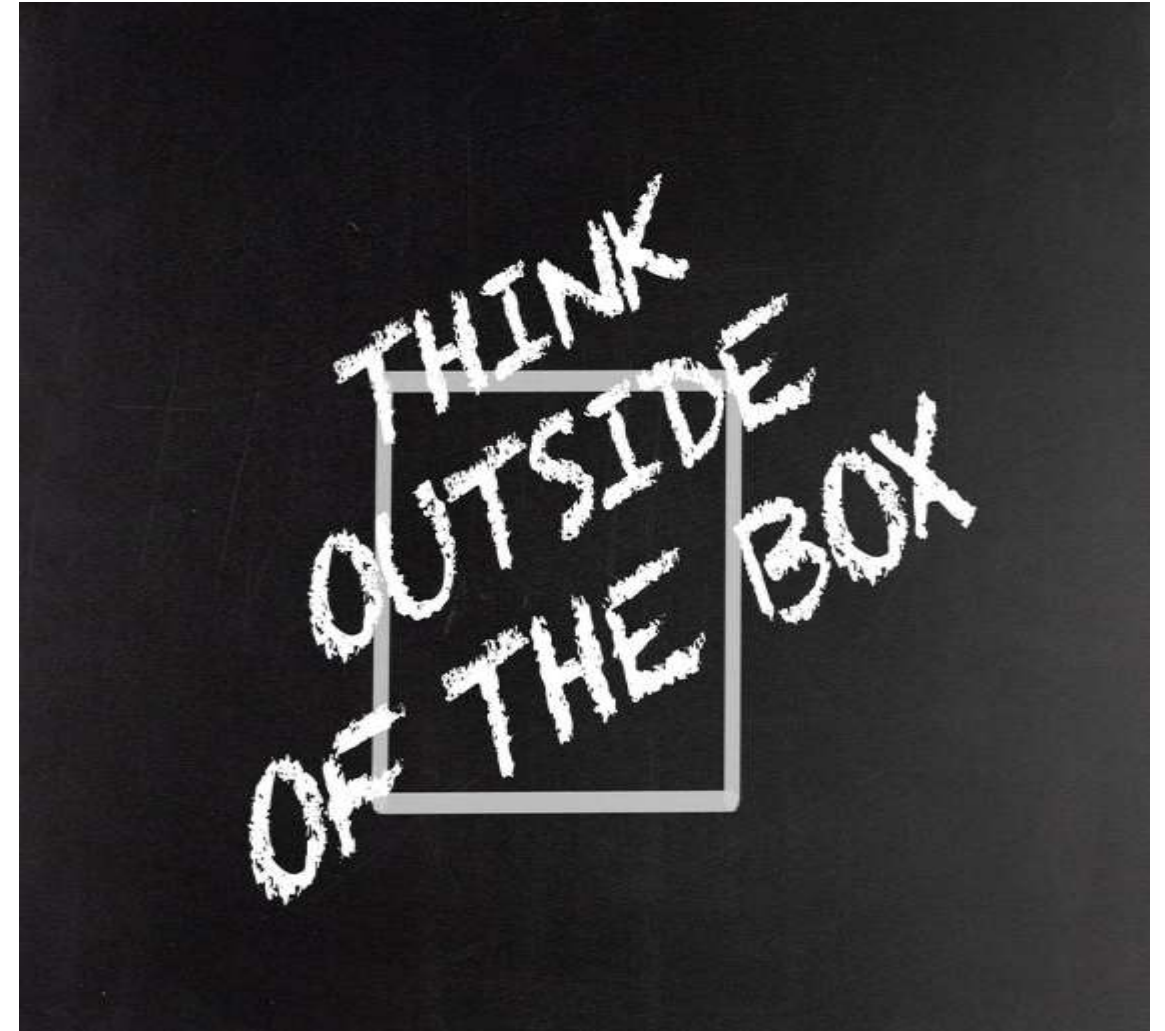
- A few projects and partnerships...
- Waverly Health care, Valley Health care, Tidewater Cove, Regional Older Adult Facilities Mental Health Support Team (RAFT) Dementia Support Program, Wythe House, Carrington Place at Wytheville
- Individuals utilizing 722 Dementia Specific Funds must have one of the following:
 - Major or Minor Neurocognitive Disorder diagnosis:
 - Major or Mild Neurocognitive Disorder Due to Alzheimer's Disease
 - Major or Mild Frontotemporal Neurocognitive Disorder
 - Major or Mild Neurocognitive Disorder With Lewy Bodies
 - Major or Mild Vascular Neurocognitive Disorder
 - Major or Mild Neurocognitive Disorder Due to Traumatic Brain Injury
 - Substance/Medication-Induced Major or Mild Neurocognitive Disorder
 - Major or Mild Neurocognitive Disorder Due to HIV Infection
 - Major or Mild Neurocognitive Disorder Due to Prion Disease
 - Major or Mild Neurocognitive Disorder Due to Parkinson's Disease
 - Major or Mild Neurocognitive Disorder Due to Huntington's Disease
 - Major or Mild Neurocognitive Disorder Due to Multiple Etiologies
 - Unspecified Neurocognitive Disorder
 - or
 - Provisional diagnosis of one of the above with intent to get needed evaluation and confirmation of diagnosis within 60 days of program entry.

Inter-Disciplinary Gero-Psychiatric Teams

- Teams with specialized supports- for individuals with dementia, to allow for rapid response and assessment in order to avoid hospitalization, the creation of specific plans to support ongoing needs, specialized discharge planning from state hospitals, and medical assessments.
- Hiring of an Older Adults Specialist and dementia specialist

Additional Ways DBHDS/CSBs support

- Training for Pre-screeners for ECO/TDO
- Community Training for DSS
- Positive Approach to Care training for staff/community
- Crisis Intervention Team w/ First responders
- Consultations - Community
- Other ways you Partner???



Lean In or Lean Out...CSB engagement

“It is the right thing to do... In our rural area we have 1 out of 5 individuals 65+ so we are seeing many more geriatric individuals with comorbidities that need care” . Sandy Bryant, Mount Rogers CSB

“If we all stay in our lane we will never have a holistic approach to providing an integrated system of care”. Sandy Bryant, Mount Rogers CSB

- There is a philosophical debate as to whether dementia is a mental illness, and that in many other states, dementia is not a qualifying diagnosis for involuntary detention/treatment and commitment.
- There are also concerns as to whether state hospitals have the resources to provide evidence based treatment for dementia with behavioral and psychological symptoms.
- Billable Services/Hours/Staffing /Trained Staff and so much more!

Resources

- Virginia Department of Behavioral Health and Developmental Services website. <https://dbhds.virginia.gov/>
- Dementia Services Workgroup Report (found on website)
- Positive Approach to Care - Teepa Snow's Training programs
<https://teepasnow.com>